



# 3SP

**wexford**   
local development  
**Forbairt Áitiúil Loch Garman**

## **6** questions answered in this booklet

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# Is this programme for me?

3SP is for people 16-24 who have left school and currently have no clear plans about what they are going to do next in terms of further education, training or employment.



It is not suitable for people over 24 years or for people that cannot commit to attending the full programme.

Programme

4

3SP

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## What can I expect?

To be offered opportunities for personal development, confidence building, critical thinking skills and goal setting.

To learn about Multiple Intelligences, Learning Styles, Mindsets, Maintaining Positive Health and Conflict Resolution.

To be given access to practical training, such as Manual

Handling, Safe Pass, Computer Skills and Driver Theory Preparation training. Driving lessons may also be included on a needs basis.

You will be assisted with your next steps, for example to further education, training or employment.

# 3SP Programme

## How does it work?

There are 8 workshops in 3SP, which are delivered online, usually 2 mornings per week for 3 - 4 weeks.



## What will be expected of me?

3SP workshops are 'conversational', so there are no written assignments or tasks but you will be encouraged to join in on discussions and share your thoughts and opinions.

You will need access to a device and some familiarity with Zoom (don't worry, we can help with this).

You will be asked to commit to the full programme.

# 3SP Programme

## What do I need to know before I sign up?

We will need to check your eligibility and complete a registration form with you beforehand.

We will need to know if you use a laptop, tablet or smartphone or if you will need to borrow it from us.

We will need to know if you will need extra support with literacy

## What happens next?

The final 3SP workshop relates to Goal Setting and encourages participants to think about their next steps and link with their Client Support Officer for support with this.

You will be given information about our other services and you can decide if you would like to sign up to them.

- STEPS
- Career Discovery
- 3SP
- Jobskills
- Workplace Training
- External referrals





# wexford



## local development

**Forbairt Áitiúil Loch Garman**



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Block A  
Spawell Road  
Wexford**

**053 9155800**



**Gorey  
Clonattin Corner  
Coach Road  
Gorey  
Co. Wexford**

**053 9155852**



**Enniscorthy  
Mill Park Road  
Enniscorthy  
Co. Wexford**

**053 9155864**



**New Ross  
Priory Quay  
New Ross  
Co. Wexford**

**053 9155885**



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