ASK YOURSELF...

Do you need to make a change but you're not sure how? Do you wish you had more confidence? Do you feel a bit stuck in a rut?

If so, this group programme might be for you.

SIEPS **TO ECONOMIC & PERSONAL SUCCESS®**

3rd, 4th, 5th May 2023 10am - 4.30pm Wexford Local Development, Spawell Road

For more info about this highly renowned, free and confidential course **CONTACT US Office 053 9155800** or Jenny 087 6930063

your life Increase your motivation & set achievable goals

Tackle negative thinking X challenge your comfort zones

wexford

The Social Inclusion and Community Activation Programme (SICAP) 2018-2023 is co-funded by the Government of Ireland

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Take a

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Learn the tools to make positive change happen