







The Social Inclusion and Community Activation Programme (SICAP) 2018-2022 is funded by the Irish Government through the Department of Rural and Community Development and cofunded by the European Social Fund under the Programme for Employability, Inclusion and Learning (PEIL) 2014-2020

CARER'S CHECKLIST

Have you ever thought about becoming a care giver? it takes a special person with special skills......

Are you the sort of person who:

Really enjoys making a difference?

Likes to help others get the best from life?

Isn't afraid to help someone with their personal care?

Is helpful, reliable, calm and considerate?

Communicates well and enjoys being with older people?

Is a quick learner and problem solver?

TO FIND OUT MORE ABOUT OUR TRAINING OPPORTUNITIES
FOR CARERS IN GOREY CALL
AMANDA 087 989 1058