

# Keeping peace with Teens



County Wexford Education Network invites you to a two evening workshop style event in the Brandon House Hotel on Thursday 12<sup>th</sup> and 19<sup>th</sup> March 2015 at 7.30pm

Dermot Rafter will guide the group through the ups and downs of parenting teenagers and give advice and tips for parents

The event is free but booking is essential as places are limited, email [acurtin@wld.ie](mailto:acurtin@wld.ie) or phone 053 9155800

## Dermot Rafter MA; H.Dip; Cert. Beh. Th.

I am a **Behaviour Support Specialist** living and working in the south-east of Ireland I have over 25 years experience of supporting individuals and organisations in the voluntary, community, and healthcare sectors. Over the years, I have developed competencies in Positive Behaviour Support (PBS); Multi-Element Behaviour Support (MEBS); Person Centred Practice (PCP); Applied Behaviour Analysis (ABA); and Cognitive Behaviour Therapy (CBT). I am also a trained instructor in non-violent verbal and physical intervention strategies. In recent years I have trained and practiced as a teacher of Mindfulness-based Approaches, delivering courses in Mindfulness Based Stress Reduction and Mindfulness Based **Cognitive** Therapy.

In addition to my skills as a Behaviour Support Specialist I have also developed a unique model of Positive Behaviour Support known as **UPR**. The UPR Model assists any agency, either voluntary or full time, whose staff have to deal with individuals with behaviours that challenge. My three-day course teaches how to **Understand, Prevent, and Respond** to individuals who present with behavioural difficulties. Read more about it on the UPR Model page or contact me at any time for an informal discussion on the benefits of this training both for staff and service users alike.

Please browse through my site at [www.dermotrafter.ie](http://www.dermotrafter.ie)

Topic/Issue you wish Dermot to address

---

---

# Keeping peace with Teens



**wexford**   
local development  
Forbairt Áitiúil Loch Garman

County Wexford Education Network invites you to a two evening workshop style event in the Brandon House Hotel on Thursday 12<sup>th</sup> and 19<sup>th</sup> March 2015 at 7.30pm

Dermot Rafter will guide the group through the ups and downs of parenting teenagers and give advice and tips for parents

The event is free but booking is essential as places are limited, email [acurtin@wld.ie](mailto:acurtin@wld.ie) or phone 053 9155800

# Keeping peace with Teens



**wexford**   
local development  
Forbairt Áitiúil Loch Garman

County Wexford Education Network invites you to a two evening workshop style event in the Brandon House Hotel on Thursday 12<sup>th</sup> and 19<sup>th</sup> March 2015 at 7.30pm

Dermot Rafter will guide the group through the ups and downs of parenting teenagers and give advice and tips for parents

The event is free but booking is essential as places are limited, email [acurtin@wld.ie](mailto:acurtin@wld.ie) or phone 053 9155800